



Luthra and Luthra
LAW OFFICES INDIA

Beyond Law *A Sweet Life* (*La Dolce Vita*)

Second Edition: August 2024

We are thrilled to share the second edition of our Firm's Newsletter, 'Beyond Law: A Sweet Life'. This special edition brings together the latest happenings at our Firm, celebrating both our professional milestones and personal joys.

Inside, you'll find a delightful array of content: a heartfelt poem by Avtar ji, an engaging travelogue from Karan Mitroo, a fun-filled review of a dog farm by Varun Vaish, and a captivating book review by Mr. Tampi. We also highlight our annual day and promotions celebrations, showcasing the vibrant and creative spirit of our Firm.

We are beyond excited to present this edition of Beyond Law, which truly captures the diverse and dynamic sides of our Firm and its members. Enjoy!

Luthra and Luthra Law Offices India commemorated Mr. Rajiv K. Luthra's Birth Anniversary and Firm's Foundation Day with a Special Musical "18 Days, Dusk of an Era"



Luthra and Luthra Law Offices India commemorated the birth anniversary of its Founder, Mr. Rajiv K. Luthra, and also celebrated the Firm's Foundation Day, on 1 August 2024 in Mumbai.

On this occasion, Mr. Luthra's passion for art and culture was remembered through an event that featured the critically acclaimed musical dance production-

"18 Days, Dusk of an Era."



Directed by Bharat R Prabhath, a kathak artist and technical director and Sharat R. Prabhath, a kathak artist, and music composer, this captivating multimedia spectacle narrated the epic tale of the Mahabharata.

*Annual Day 2024-
Promotions this year*

CONGRATULATIONS

Partners



AMIT PANIGRAHI



ANSHUL SEHGAL



ARJUN NIHAL SINGH

Partner Designate



ASTHA NIGAM



VARUN CHAUHAN

CONGRATULATIONS

Managing Associate



AMAN NIJHAWAN



ASHNEET CHHABRA



GAJANAND KIRODIWAL



SAMARTH SHARMA



SANJUKTA KAUSHIK



SAUMYA KAPOOR



SIDHARTHA JATAR

CONGRATULATIONS

Senior Associate



ADITYA RATHEE



AISHWARYA DIXIT



DIKSHA RANJAN



DIVYANSHU JAIN



GARIMA UPADHYAY



GAURAV TIWARI



MANUSHI SHAH



PARUL PANTHI



SAGAR ARORA



SOMYA YADAV



VISHAL VANSH

Milestones

CONGRATULATIONS



MADAN RAM ARYA
30 Years



ASHOK KUMAR VIDYARTHI
25 Years



RAMESH CHAND VERMA
25 Years



**ABHISHEK
EMMANUEL KISKU**
10 Years



ANSHUL SEHGAL
10 Years



ARJUN NIHAL SINGH
10 Years



RAHUL KUMAR
10 Years



SHWETA VAISHYA
10 Years



VINOD KUMAR KAPOOR
10 Years

Summer Ice-breakers at Luthra and Luthra Law Offices India



Delhi office hosted two '**Summer Icebreakers**' - a gastronomical delight to kindle informal chitter-chatter and a fun-filled quiz session 'Sitcom Season'...

The theme of the icebreakers were **Potbelly- Potluck**; where members contributed with homemade delicacies, sharing recipes to tingle taste-buds and ignite light conversations with a background of peppy music, and quizzing on all-time favourite sitcoms- **F.R.I.E.N.D.S.** and **SUITS!**

Turkey - Paradoxical Paradise on Earth



Istanbul is a perfect blend of coffee and cocoa in your mocha! It's where East blends with West, Asia embraces Europe, rich engraved history revels in modernity!

Istanbul offers never aging architecture in the form of over mosques, museums and structures which tell the tale of mammoth dynasties which ruled it. It is a city resting on two continents – Asia and Europe! The Bosphorus, which runs through its veins unites traditions of both worlds! The cruise on the Bosphorus is a MUST to experience Istanbul in entirety.

It is a shopping and gastronomical heaven too. Walk through the cobbled and narrow streets of Galata Tower resting your feet at quaint cafes, relishing Turkish delights, get tiringly energized at the Grand Bazaar to purchase everything from spices to designer bags...and you will always feel short on time and energy.

Antalya, a window into the endless Mediterranean, offers a treasure trove of beaches with all shades of blue. Classy restaurants on the beach, with in built automated Sunroofs, offer spectacular cuisine to make you stay longer, to soak in the beauty and charm. And guess what...they all love Bollywood. If they know you are from India, be sure to hear them 'Shah Rukhs' best collection.

Travelling with kids (actually even if not) a must visit is 'Land of Legends' which puts Universal Studios and Disney to shame!

Last but definitely not the least, one has to experience the Cave Hotels at Cappadocia. The surreal landscape of the city gives a feel of a land long forgotten! However, what puts everything else to shame is the breathtaking and mesmerizing view of the sun rise from the hot air balloon.

Partner Karan Mitroo writes an interesting travel vlog from his recent trip with his lovely family...

दो आँखे- नजर अपनी-अपनी

दो आँखों का नज़ारा, दुनिया देखदी,
कोई देखे श्रृंगार रस, कोई ग़म देखदी।
कोई भगति में डूबा, कोई ख्यालों में खोया,
कोई शरारत में धसा, कोई अभिमान में खोया।
कोई हृदय आँख देखे, कोई दिल साथ देखे,
कोई एक आँख देखे, कोई दोनों आँख देखे,
कोई बंद आँख देखे, कोई ज्ञान आँख देखे।
अवतार एक सम देखे, कोई रहे ना भुलेखे,
कंत की कृपा साथ, ऐह भ्रम खोया।

चुपचाप देखे कोई, वासना के संग सोई,
जुर्म के भाव कोई, बदले के भाव देखे।
सुंदरता के भाव कोई, दुनिया के नज़ारे देखे,
सीधी आँख देखे कोई, तिरछी आँख देखे कोई,
दया के दयालु संत, नम आँख देखे।
डर-भउ खत्म कोई, क्रूरता के भाव देखे,
प्यार संग देखे कोई, सत्कार के भाव देखे।
भागा नाल देखे कोई, उमा ते महेश सोई,
तेरी रहिमतां दे वल्ले, कीते जन्म सुवल्ले,
अवतार दो आँखां विच गुरु चरण कमल देखे।

दास अवतार सिंह



Woof Woof!!

Dog Owners/Lovers-
Pay Attention!!

*'My Pack Playground'-
A Doggy Play Farm in Gurugram*



Imagine stepping into a haven where the grass seems greener than ever, and the sound of joyous barks fills the air. Welcome to "My Pack Playground," a paradise for our four-legged best friends where happiness comes with a wagging tail. Picture this: An acre of manicured lawns, dotted with dog toys and fun play structures of all shapes and sizes, and amidst them, your fur baby running around getting the *'Zoomies'* not knowing where to start. It's not just a playground; it's a tail-wagging treat!

From soft toys that can withstand the toughest of chewers to obstacle courses that would give an athlete a run for their money, "My Pack Playground" has it all. And just when you think it couldn't get any better, there's the dirt piles. Yes, you read that right. Mountains of dirt where your dog can dig to their heart's content without a single "No!" from you. It's like watching kids in a candy store if the candy store was made of soil and unlimited digging.

But wait, there's more. Ever seen a dog paddle their way to glory? The pool at "My Pack Playground" isn't just water; it's a liquid runway for the most adorable

doggy paddles you'll ever witness. Splash competitions are an unofficial event here, and let's just say, it's a wet and wild adventure that your dog will never forget.

Now, let's talk about the caretakers. These aren't just any people; they're dog whisperers who don't just watch over your pets but engage with them, playing and running as if they're part of the pack. It's a bond that goes beyond just caretaking; it's about creating joyful moments that your dog will dream about.

And for those looking for an exclusive experience, "My Pack Playground" offers a VIP pass for you and your fur baby. For 500 bucks an hour (Per Dog), imagine having this doggy paradise all to yourselves. It's the ultimate playdate, where your dog can be the king or queen of the castle, ruling over their vast domain without interruptions.

So, if you're looking to give your dog the time of their life, "My Pack Playground" is the ticket to their happiness. Just be warned, they might not want to leave. Ever.

Insider Insight: Become friends with Narendra and he'll waive the 'per-dog' charge and just charge you a discounted lump sum fee (*Wink Wink).

Location: Baliawas, Golf course Ext road, near Ireo Grand Arch, Sector 58, Gurugram, Haryana 122102 (If you don't know where this is... ask any lawyer in the firm who does Real Estate :P)

Timings: 6AM to 10 PM (All Days).

Contact Number: 8882833130 (Narendra-Caretaker)

Partner Varun Vaish writes a fun filled review of the cute-est dog farm!



Love (and a cook book) in the time of Plague



Tonight, I can write the saddest lines

This is Bombay in 1897 – in the vice like grip of the Plague.

Two women whose names, we have long forgotten, are waiting to see a doctor in the corridors of the Parsi Fever Hospital. The older of the two, Pirojabai Wahadia (Wadia) is sitting on a bench, huddled, with a sheaf of loose papers in her hand, mildly surprised at the presence of a young, probably illiterate, Hindu lady in a Parsi establishment. Manek Turkhad, the younger Hindu lady in question is actually one of the first women medical graduates from Grant Medical College, Bombay. Unbeknownst to each other, they are waiting for the same person - Dr K N Bahadurji.

When the Plague first came to Bombay, it was an Indian doctor Dr. Accacio G. Viegas who diagnosed it and forced the colonial administration, which was in denial, to admit that there was indeed an epidemic. Unfortunately, what happened next is no longer a part of history books and the names of those doctors and volunteers on the frontlines of the battle against the Plague, have long forgotten - Dr. Manek Turkhad, Bhikaji Cama, Savitribai Phule and her son Dr. Yashwant and the brilliant Dr Kaikhushroo Nusserwaji Bahadurji. A Gilchrist scholar and an MD from London in addition to his MRCS and MB degrees (the first Indian at that), Dr KN Bahadurji was appointed Additional Professor of Clinical Medicine at Grant Medical College and quit soon thereafter in the face of racism, all while he was in his 30s. He was now running the Parsi Fever Hospital, where the two women were waiting for him.

Back to Pirojabai. The sheaf of loose papers she is holding in her hands is a collection of recipes from all over, lovingly compiled and curated by her young 28-year-old daughter the late Meherbai Jamshedji Wadia. It was to be the first cookbook in Gujarati to be written by a woman, a pioneering work of sorts - Vividha Vani.

The young Meherbai had contracted plague and she was admitted to Dr Bahadurji's hospital. The doctor and his staff would have tried everything within their power to relieve Meherbai of her pain and the suffering, before eventually losing her to plague. There are those who speculate that the epidemic may have nipped in the bud, the fledging romance between the doctor and his patient. Others say the doctor may have merely shown her care and compassion as he would, his other patients. Be that as it may, the doctor's act of kindness made a deep impression on Pirojabai, who expressed her desire to dedicate her daughter's book to the good doctor. That had brought her to the hospital.

Meanwhile Dr. Manek Turkhad, was at the hospital to see the man she loved. She had to deal with her father, noted social reformer and a leading medical practitioner Dr. Atmaram Pandurang Turkhadekar (Atmaram Pandurang for history books) who was dead set against her marrying a Parsi, brilliant as he may be, and forbade her to see him. She had come to see him anyway. And the young doctor was ecstatic.

In all, Dr Bahadurji would appear to be having a good day, given the circumstances. But this was not to last. In the next year or so Dr Bahadurji would work himself to death, visiting slums, tending to patients day and night, inoculating people against the plague. Weak and ill, Dr Bahadurji would pass on in 1898, at the age of 38. Dr. Manek Bahadurji (nee Turkhad), whose work during the plague epidemic would later be publicly acknowledged lost the man she loved to the disease.

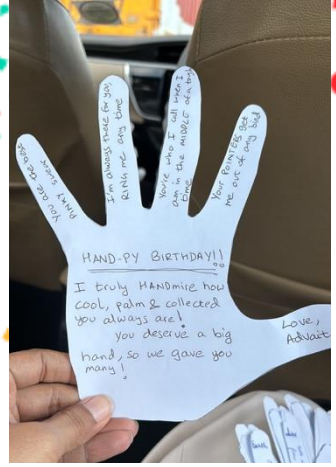
But the story does not end there. A few years after Dr Bahadurji's demise, Pirojabai goes on to publish the sheaf of papers she was carrying as Vividha Vani, her daughter's cookbook and in it pens a moving heartfelt dedication to the late doctor who meant so much to her and her daughter. The later editions of Vividha Vani would also carry the dedication.

And Vividha Vani? Well it was a pioneering effort of sorts. It would have a decent print run well into the 1920s. Cookbooks featuring regional cuisine and written by Indian women would follow – Pragyasudari Devi's *Amish-o-Niramish Ahar*, Lakshmi Bai Dhurandhar's *Gruhni Mitra*, Time & Talents Club's *Time & Talents Cookbook*, Ambabai Samsi's *Rasachandrika*, S Meenakshi Ammal's *Samaithu Paar* and many more.

Before I finish, Bollywood recently showed interest in the life of someone from the highly accomplished Turkhad brood. It was Dr. Manek's sister Annapurna or Anna Turkhad who was tasked with tutoring a shy Bengali boy (apparently an emerging poet of some repute) in English and western etiquette. The young poet is said to have taken a shine for his tutor who would ask him not to grow a beard that would obscure his handsome face. Rabindranath Tagore does not pay heed her advice but Anna would later appear in his works as Nalini.

-An early edition of 'Vividha Vani'...

Partner Chandrasekhar G. Tampi writes a compelling book review for all of us!



Celebrating The Backbone Of Luthra and Luthra Law Offices India- Mrs. Gayatri Luthra



Remembering Rajiv K. Luthra



I first met Mr. Luthra in Class 10 when I was contemplating whether I should study law, and his immediate response was – why do you want to ruin your life! 7 years latter – he decided to take me under his wing and life couldn't have been better.

*Magnanimous, Flamboyant, Sharp, Witty – he was the center of attention in less than 5 minutes in any room he entered. The dictionary does not have enough adjectives to describe him, but the one thing that set him apart from the rest was his – **Soft Heart, Care and Compassion**. From small things like - '**YAAD HAI**' (god I miss those) on your anniversary to standing beside you in your toughest times when life seemed at 'rock bottom', the examples are endless.*

*Few have had the privilege and I am fortunate enough to have learnt, not only 'law' but the **GAME CALLED LIFE** from the best. I remain ever so grateful to the one and only Mr. Luthra! Can't say we miss you cause you're omnipresent!!*

Partner Karan Mitroo pens down heart-warming words reminiscing his time with Mr Luthra.